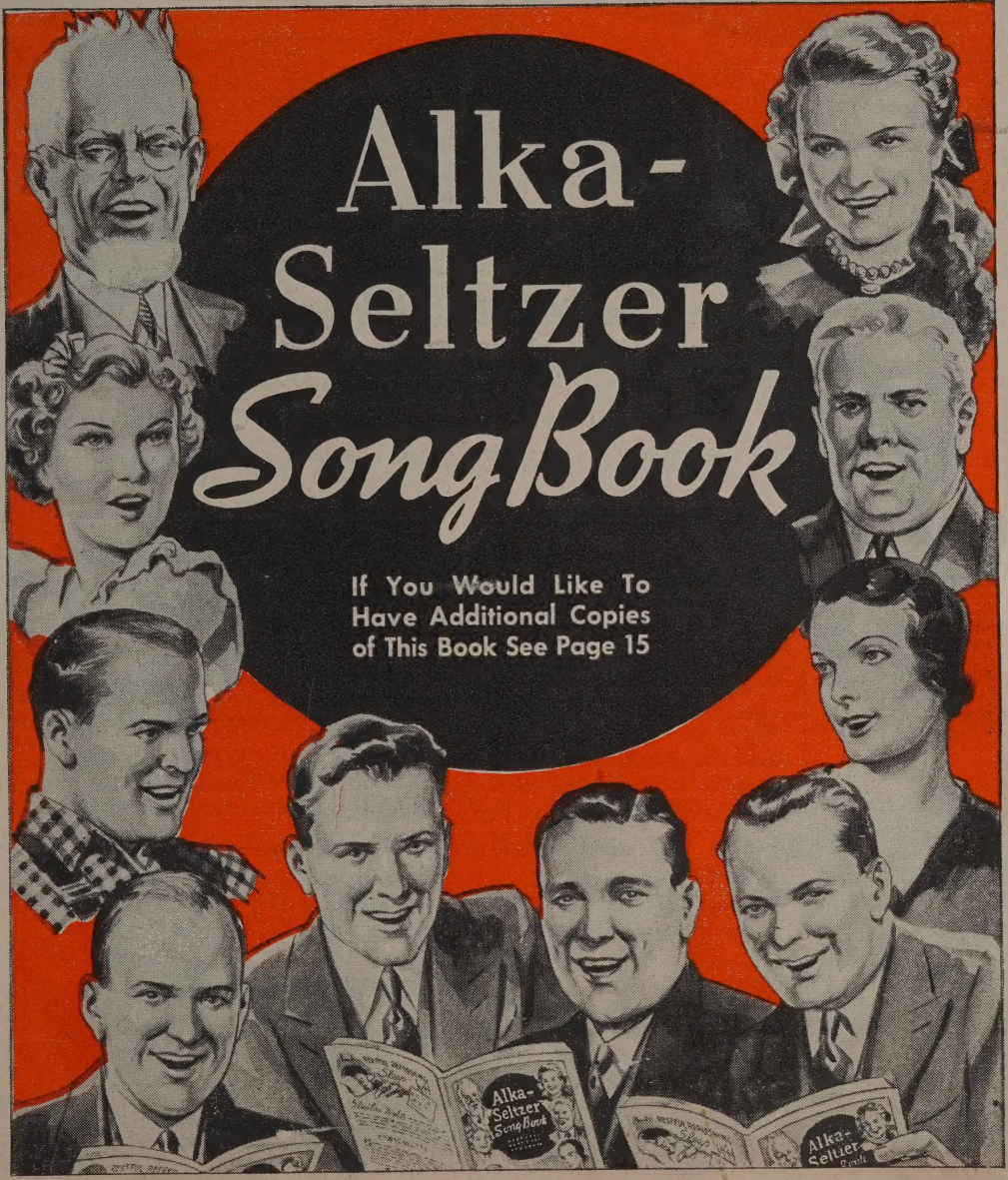
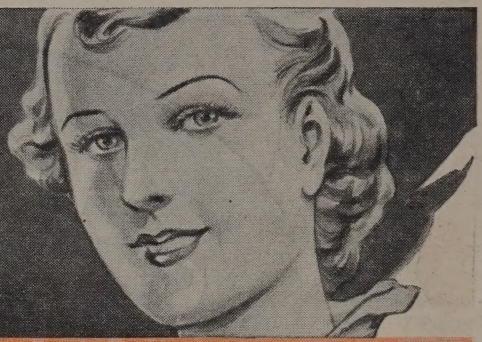
Alka-Seltzer Song Book

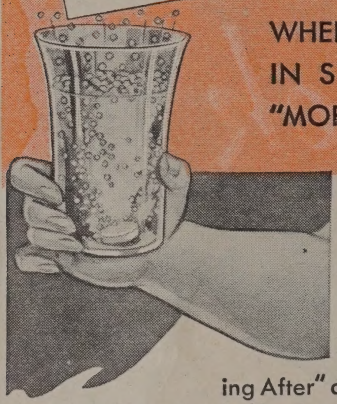
If You Would Like To Have Additional Copies of This Book See Page 15



What Do You Do



WHEN YOU SUFFER WITH HEADACHES, GAS IN STOMACH, COLDS, SOUR STOMACH, "MORNING AFTER" AND MUSCULAR PAINS?

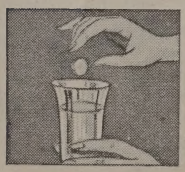


. . . You *SHOULD* Use Alka-Seltzer

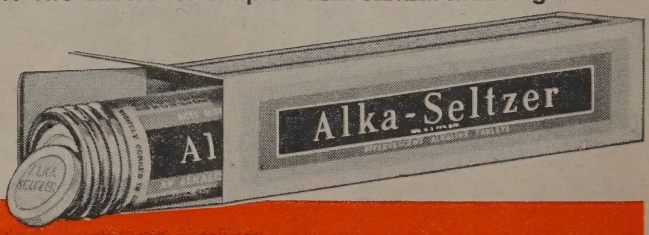
Since 1932, millions of people have found a modern, pleasant, effective way to relieve the pain and discomfort of Gas in Stomach, Headache, Sour Stomach, Colds, "Morning After" and Muscular Pains. In their medicine cabinets, instead of half a dozen bottles of more or less disagreeable tasting medicines, one trim tube with a blue label. On this label is one word that thousands say has done much for them in comfort and efficiency. This word is

ALKA-SELTZER

Why, in five short years has the demand for Alka-Seltzer grown until, in most drug stores, it is the most popular preparation on the druggists' shelves? **The answer is simple—ALKA-SELTZER makes good.**



Large Pkg. 60c
Small Pkg. 30c



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MO-PAM
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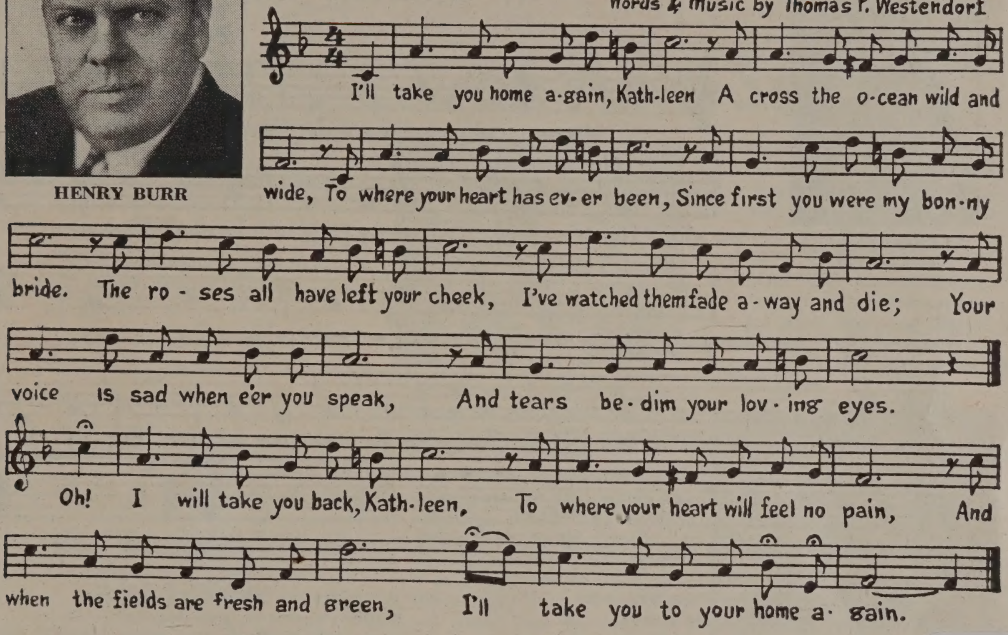
HENRY BURR

Popular Songs of *Henry Burr*

1 I'LL TAKE YOU HOME AGAIN, KATHLEEN

Words & Music by Thomas P. Westendorf


I'll take you home a-gain, Kath-leen A cross the o-cean wild and
wide, To where your heart has ev-er been, Since first you were my bon-ny
bride. The ro - ses all have left your cheek, I've watched them fade a-way and die; Your
voice is sad when e'er you speak, And tears be-dim your lov-ing eyes.
Oh! I will take you back, Kath-leen, To where your heart will feel no pain, And
when the fields are fresh and green, I'll take you to your home a-gain.

2 When You and I Were Young Maggie

I wandered today to the hill, Maggie,
To watch the scene below;
The creek and the creaking old mill, Maggie,
As we used to long ago,
The green grove is gone from the hill, Maggie,
Where first the daisies sprung;
The creaking old mill is still, Maggie,
Since you and I were young.

And now we are aged and grey, Maggie,
And the trials of life nearly done;
Let us sing of the days that are gone, Maggie,
When you and I were young.

3 Silver Threads Amo the Gold

Darling, I am growing old,
Silver threads among the gold,
Shine upon my brow today;
Life is fading fast away;
But, my darling, you will be, wil
Always young and fair to me,
Yes, my darling, you will be
Always young and fair to me.

Darling, I am growing old,
Silver threads among the gold,
Shine upon my brow today;
Life is fading fast away.

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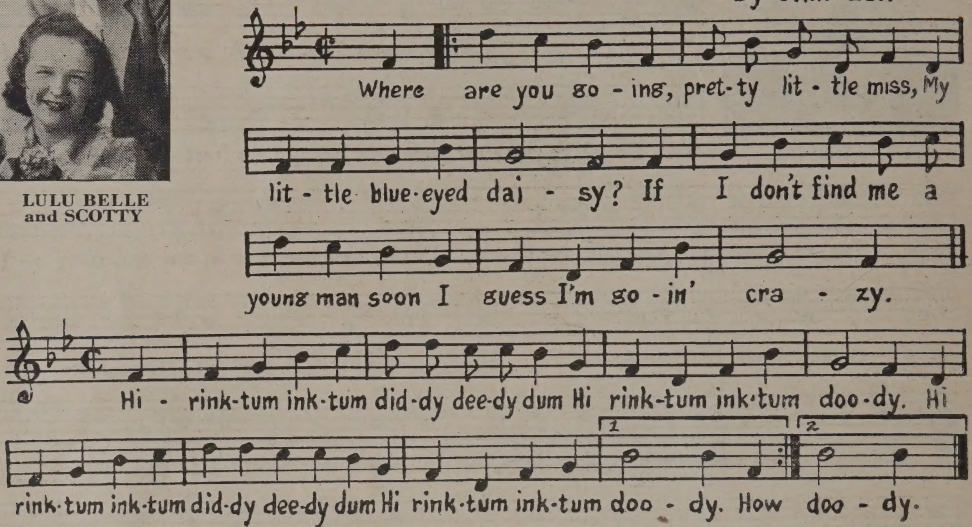
LULU BELLE
and SCOTTY

Favorite Songs of *Lulu Belle and Scotty*

4 HI RINKTUM INKTUM

By John Lair


Where are you go - ing, pret-ty lit - tle miss, My
lit - tle blue-eyed dai - sy? If I don't find me a
young man soon I guess I'm go - in' cra - zy.
Hi - rink-tum ink-tum did-dy dee-dy dum Hi rink-tum ink-tum doo-dy. Hi
1
2
rink-tum ink-tum did-dy dee-dy dum Hi rink-tum ink-tum doo - dy. How doo - dy.

How old are you, my pretty little miss,
How old are you, my honey?
If I don't die of a lonesome heart
I'll be sixteen next Sunday

Now can you court, my pretty little miss,
My little wildwood flower?
I kin court more in a minnit an a half
Than you kin in a hour

Will you marry me, my pretty little miss,
Will you marry me, good-looking?
I'll marry you but I'll not do
Yore washin' an yore cookin'

Then I wont have you, my pretty little miss,
I wont have you, my dear-o.
Well, they aint nobody asked you to,
You yaller-headed skeercrow!

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---

5 I Feel Just As Happy As A Big Sun Flower

There is a charm I can't explain,
About a girl I've seen,
My heart beats fast when she goes past,
In a dark dress trim'd in green,
Her eyes are bright as evening stars,
So loving and so shy,
And the folks all stop and look around,
When ever she goes by,

And I feel just as happy as a big sun flow'r.
That nods and bends in the breezes,
And my heart is as light, as the wind that blows
The leaves from off the treezees.

For information regarding Lulu Belle and Scotty's complete Book of 50 Songs, write to Lulu Belle & Scotty, c-o W.L.S., Chicago.

6

Darling Nelly Gray

There's a low green valley on the old
Kentucky shore,
There I've whiled many happy
hours away,
A sitting and a singing by the little
cottage door
Where lived my darling Nelly Gray.

Oh! my poor Nelly Gray, they have
taken you away
And I'll never see my darling
any more,
I'm sitting by the river and
I'm weeping all the day,
For you've gone from the old
Kentucky shore.

7

The Wearing of The Green

Oh! Paddy, dear, and did you hear
the news that's goin' round,
The Shamrock is forbid by law,
to grow on Irish ground;
Saint Parick's day no more we'll
keep, his color can't be seen,
For there's a bloody law agin' the
Wearin' o' the Green;
I met with Napper Tandy and he
tuk me by the hand,
And he said "how's poor ould Ireland,
and how does she stand?"
She's the most distressful country,
that ever you have seen;
They're hanging men and women
there, for "Wearin' o' the Green."

You Get TWO-FOLD RELIEF with Alka-Seltzer

1 Relief from the pain and discomfort of Headache, Colds, "Morning After", and Muscular Pains, because Alka-Seltzer contains an effective analgesic —Sodium Acetyl Salicylate.

2 Relief from Acid Indigestion, Heartburn, Gas in Stomach and the many everyday ailments associated with hyperacidity, because Alka-Seltzer contains alkalizing agents.

Alka-Seltzer does not irritate or upset the stomach. In fact its action in the stomach is soothing rather than irritating.

A tablet or two of Alka-Seltzer in a glass of water, makes a sparkling, alkalizing solution — attractive to the eye, pleasing to the taste, and especially effective in relieving Stomach Gas, Headache, Heartburn, Colds, "Morning After" and Muscular Pains.

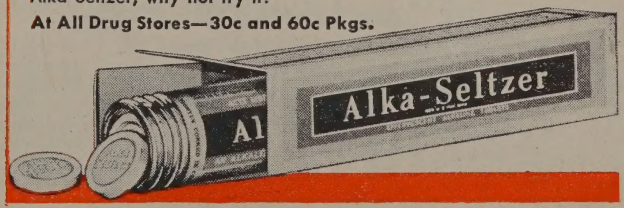
ALKA-SELTZER RELIEVES PAIN PROMPTLY BECAUSE—

1—It is fully dissolved before taken into the system.

2—Alka-Seltzer is alkalizing in action and being in solution, is more readily absorbed into the system, thereby giving relief more quickly.

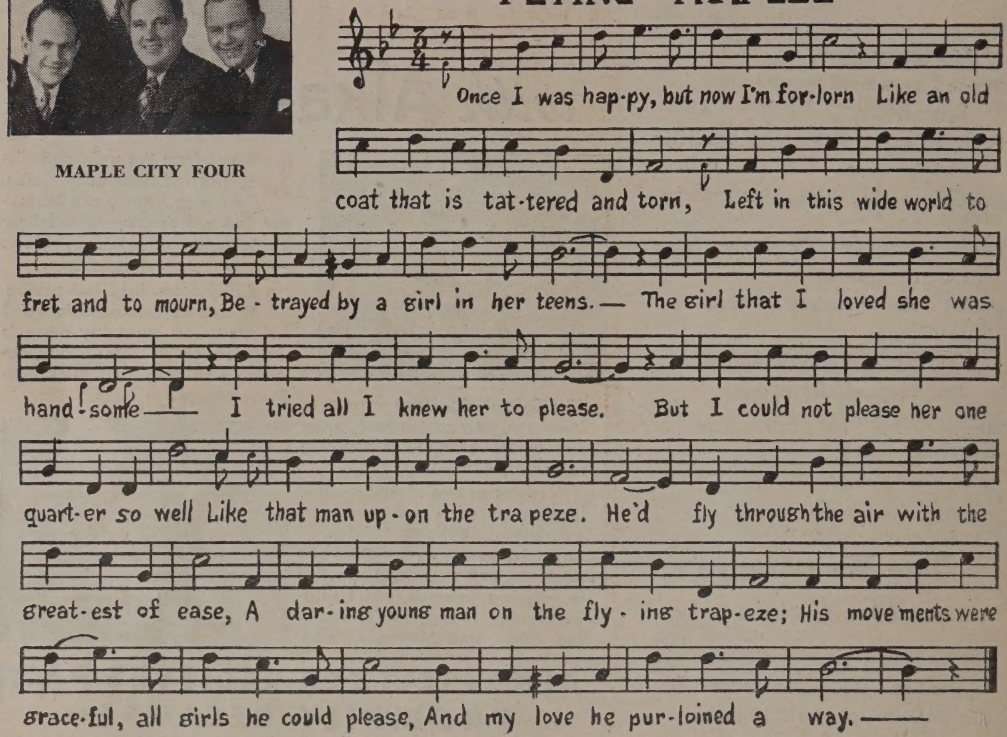
If you are a user of Alka-Seltzer, check your supply and see that you have some on hand for an emergency. If you do not use Alka-Seltzer, why not try it?

At All Drug Stores—30c and 60c Pkgs.



MAPLE CITY FOUR

8 FLYING TRAPEZE


Once I was hap-py, but now I'm for-lorn Like an old
coat that is tat-tered and torn, Left in this wide world to
fret and to mourn, Be - trayed by a girl in her teens. — The girl that I loved she was
hand-some — I tried all I knew her to please. But I could not please her one
quart-er so well Like that man up-on the tra peze. He'd fly through the air with the
great-est of ease, A dar-ing young man on the fly - ing trap-eze; His move ments were
grace-ful, all girls he could please, And my love he pur-loined a way. —

CHORUS

She floats through the air with the greatest of ease,
You'd think her a man on the flying trapeze.
She does all the work, while he takes his ease;
And that's what's become of my love!

One night, I, as usual, went to her dear home,
I found there her father and mother alone,
I asked for my love, and soon they made known,
To my horror, that she'd run away!
She'd pack'd up her box, and eloped in the night
With him with the greatest of ease;
From two stories high, he had lowered her down
To the ground, on his flying trapeze! CHORUS

Some months after this, I went to a hall,
Was greatly surprised to see on the wall
A bill in red letters, which did my heart gall,
That she was appearing with him!
He taught her gymnastics, and dressed her in tights
To help him to live at his ease,
And made her assume a masculine name!
And now she goes on the trapeze! CHORUS

9

Jingle Bells

Dashing thro' the snow
In a one horse open sleigh,
O'er the fields we go,
Laughing all the way;
Bells on bobtail ring,
Making spirits bright,
What fun it is to ride and sing
A sleighing song tonight!

CHORUS

Jingle, bells! Jingle, bells!
Jingle all the way!
Oh, what fun it is to ride
In a one-horse open sleigh!
In a one-horse open sleigh!

10

Oh My Darling Clementine

In a cavern, in a canon,
Excavating for a mine,
Dwelt a miner, forty-niner,
And his daughter, Clementine.

Oh my darling, oh my darling,
Oh my darling Clementine,
You are lost and gone forever,
Dreffful sorry, Clementine.

Light she was, and like a fairy,
And her shoes were number nine,
Herring boxes, without topses,
Sandals were for Clementine.

11

Believe Me If All Those Endearing Young Charms

Believe me if all those endearing
young charms,
Which I gaze on so fondly today
Were to change by tomorrow, and
fleet in my arms,
Like fairy gift fading away.
Thou wouldst still be ador'd as this
moment thou art,
Let thy love likeness fade as it will;
And around the dear ruin, each wish
of my heart,
Would entwine itself verdantly still.

TENSE NERVES

TENSE NERVES make you and everyone with whom you come in contact miserable.

TENSE NERVES torture us by day and keep us awake at night; make us restless, put lines of worry and care into our faces, give us Nervous Headache, Nervous Indigestion.

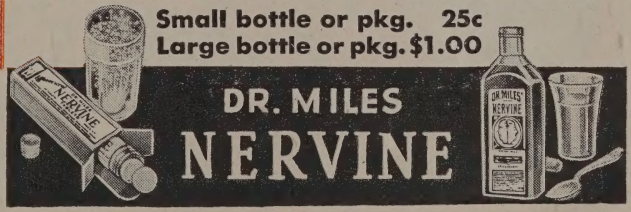
TENSE NERVES are often responsible for the hasty word, the unkindly act, that drive away our friends and estrange our families.

Dr. Miles NERVINE

Dr. Miles Nervine was originated by Dr. Franklin Miles nearly sixty years ago. Even then, when there was much less need for a nerve sedative, Nervine found many enthusiastic users.

Today, you will find Nervine in any Drug Store in the United States. In countless homes, Nervine is considered as much a necessity in the medicine cabinet as sugar in the pantry. For nearly sixty years it has been "soothing the nerves of the nation." Dr.Miles Nervine is available in both liquid and effervescent tablet form.

Small bottle or pkg. 25c
Large bottle or pkg. $1.00



12 "Give Me A Toot On The Tooter Tommy"

All you city slickers gather round
And listen to the voice of the old home town
After supper just push back your chair
Cause Uncle Ezra's on the air.
He's got a feller there named Tommy, who
Toots the hottest fan-fare that you ever knew
Folks listen in both far and near
And this is what they hear—

CHORUS

Gimmie a little toot on the tooter Tommy . . . (horn)
Another little toot on the tooter Tommy . . . (horn)
The reason we all feel so swell sir—
We Al-ka-lize with Al-ka-seltzer—
Gimmie a little toot on the tooter Tommy
Station E.Z.R.A.

Ashes to dust and dust to ashes,
I'm all broke out with hot news flashes.

If you want the news from the old home town
Just tune me in for the real "low-down!"

I'm the guy, *that*, in a pinch'll
Send hot news flashes to Walter Winchell.

I'll be back in a flash, I'm a hot news seeker
And I aint no transom or key hole peeker . . .

With oceans of love n'sentiment
I'm, *your home town*, correspondent . . .

There aint much to see in a little town
But Gosh, how the news do travels round . . .

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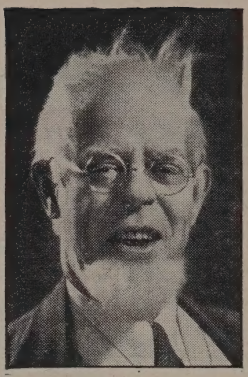
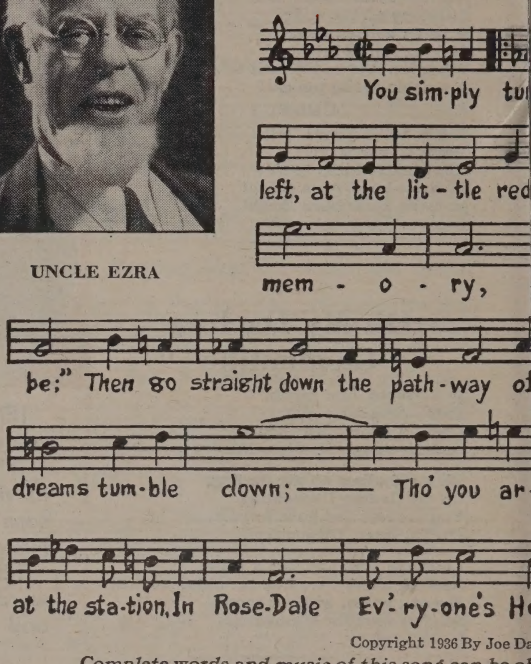
By Jack Frost and Pat Barrett



UNCLE EZRA

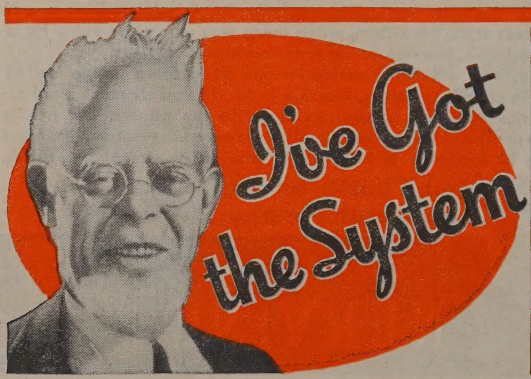
Favorite

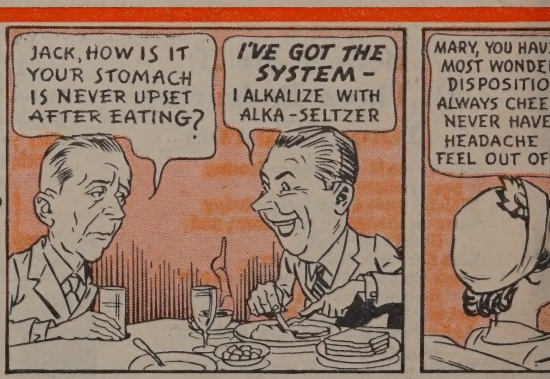
13 ROSEDALE


You sim-ply tu
left, at the lit-tle red
mem - o - ry,
be;" Then go straight down the path-way o
dreams tum-ble down; —— Tho' you ar
at the sta-tion, In Rose-Dale Ev'-ry-one's H

Copyright 1936 By Joe Da

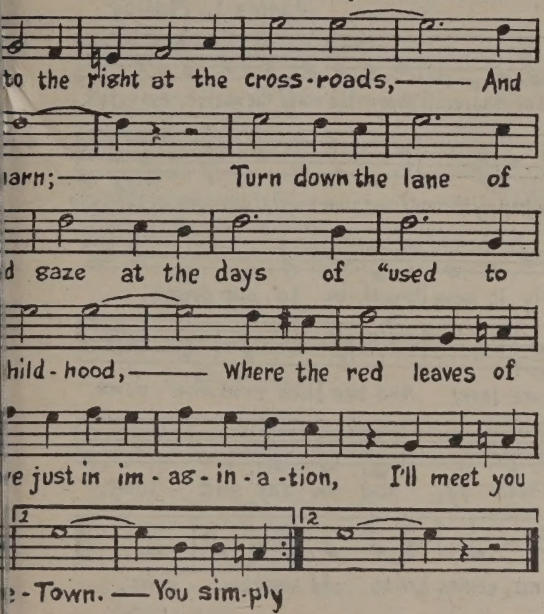
Complete words and music of this song can be ob





Songs of *Uncle Ezra*

EVERYONE'S HOMETOWN

Words & Music by Jack Frost

to the right at the cross-roads,——— And
arn;——— Turn down the lane of
d gaze at the days of "used to
hild-hood,——— Where the red leaves of
e just in im-as-in-a-tion, I'll meet you
1
2
-Town. —You sim-ply

ne.—used by Permission

ned from the Publisher, Joe Davis, New York City

14 "Uncle Ezra Please Slow Down"

I'M a Batchelor hale and hearty,
Just as happy as a bird in a tree,
Dancing is my big weakness,
Girls come dance with me.
I may look old and feeble,
But when the music starts to play,
I'm a regular old St. Vitas,
I aint bragging when I say,—

CHORUS

Let me tell you, t'aint no bluff,
I can still step out and do my stuff.
CHO.—Hey, Hey, Hey. Uncle Ezra please slow down.
You may think I'm old, that I'm through,
But you ought to see me, pooh, poo pa doo.
CHO.—Hey, Hey, Hey. Uncle Ezra please slow down.
I'm just what wimmen wish they got,
It's no wonder that I'm fathered;
I'm not too young to get red hot,
Or too old to be bothered.
You may see my wrinkles, stand in doubt,
But I've got a few wrinkles, you don't know about,
CHO.—Hey, Hey, Hey. Uncle Ezra please slow down.

2nd CHORUS

The girls all call me sweet Grandpap,
One once held me on her lap.
CHO.—Hey, Hey, Hey. Uncle Ezra please slow down.
Old maids love me, think my dancing's grand.
I've got 'em all in the palm of my hand.
CHO.—Hey, Hey, Hey. Uncle Ezra please slow down.
I danced with a charming widow,
And the moment that I hadder,
She shouted Oh you kiddo,
Called out the hook and ladder;
I jump right up and click my heels,
A man's no older than he feels.
CHO.—Hey, Hey, Hey. Uncle Ezra please slow down

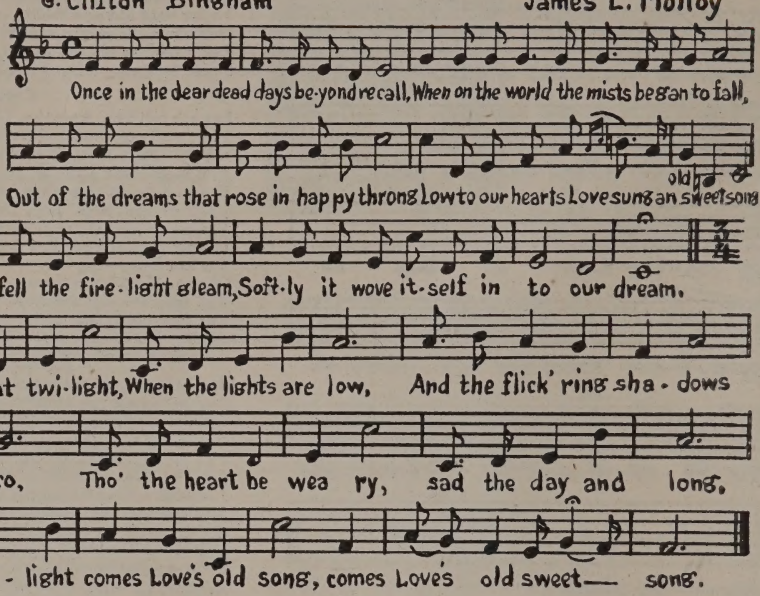
I'VE GOT THE SYSTEM - I ALKALIZE WITH ALKA-SELTZER
GOSH! WHY DID I HAVE TO CATCH COLD? YOU WERE SNEEZING AROUND YESTERDAY THE SAME AS I, BUT YOU'RE O.K. TODAY
SURE! I'VE GOT THE SYSTEM - I ALKALIZE WITH ALKA-SELTZER
You Get the System
Alkalize with
Alka-Seltzer
Alka-Seltzer

SALLY FOSTER

Favorite Songs of *Sally Foster*

15 LOVE'S OLD SWEET SONG

G. Clifton Bingham — James L. Molloy


Once in the dear dead days be-yond re-call, When on the world the mists be-gan to fall,
Out of the dreams that rose in hap-py throng Low to our hearts Love sung an old sweet song
And in the dusk where fell the fire-light gleam, Soft-ly it wove it-self in to our dream.
Just a song at twi-light, When the lights are low, And the flick'ring sha-dows
soft-ly come and go, Tho' the heart be wea ry, sad the day and long,
Still to us at twi-light comes Love's old song, comes Love's old sweet— song.

16 Polly-Wolly-Doodle

Oh, I went down South, for to see my Sal;
Sing, "Polly-wolly-doodle" all the day!
My Sally am a spunky gal,
Sing, "Polly-wolly-doodle" all the day!

Farewell! Farewell! Farewell, my fairy fay!
Oh, I'm off to Louisiana, for to see my Susy Anna,
Singing, "Polly-wolly-doodle" all the day!
Farewell! Farewell! Farewell, my fairy fay!
Oh! I'm off to Louisiana, for to see my Susy Anna,
Singing, "Polly-wolly-doodle," all the day

17 Froggie Went A'Courtin'

Froggie went a-courting and he did ride, Uh huh.
Froggie went a-courting and he did ride,
A sword and pistol by his side, Uh huh.
He rode up to Miss Mousie's door, Uh huh.
He rode up to Miss Mousie's door,
Hit it so hard he made it roar, Uh huh.
Took Miss Mousie on his knee, Uh huh.
Said "Miss Mouse, will you marry me?"
Uncle Rat gave his consent,
Uncle Rat gave his consent,
The weasel wrote the publishment,
Frog went swimming across the lake,
Frog went swimming across the lake
And he was swallowed by a black snake.

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18
America

My country, 'tis of thee,
Sweet land of liberty,
Of thee I sing.
Land where my fathers died!
Land of the Pilgrim's pride!
From ev'ry mountain side,
Let freedom ring!

Our fathers' God, to Thee.
Author of liberty,
To Thee we sing.
Long may our land be bright
With freedom's holy light;
Protect us by Thy might,
Great God, our King!

19
The Star Spangled Banner

Oh, say, can you see by the dawn's
early light,
What so proudly we hail'd at the twilight's
last gleaming,
Whose broad stripes and bright stars,
thro' the perilous fight,
O'er the ramparts we watch'd, were so
gallantly streaming?
And the rockets' red glare, the bombs
bursting in air,
Gave proof thro' the night that our flag
was still there.

CHORUS

Oh, say does that star spangled banner
yet wave,
O'er the land of the free,
and the home of the brave?
Oh, thus be it ever when free man
shall stand
Between their loved home and wild war's
desolation;
Blest with vict'ry and peace,
may the heav'n-rescued land,
Praise the Pow'r that hath made and
preserv'd us a nation!
Then conquer we must,
when our cause it is just,
And this be our motto:
"In God is our trust!"

New!

THERE is a new handy package—a dozen tablets in a neat flat box—that you can slip into your vest pocket and take wherever you go. This package costs only 15c. It's a *small* thing to carry but Oh what a *big* thing to have, when Headache, Simple Neuralgia, Muscular Pains, or Colds attack you.

ASPIR-MINT

is a combination of two effective analgesics (pain relievers). This combination was first used extensively in the great flu epidemic of 1918-19.

Aspir-Mint is pleasantly flavored with mint. This pleasant, analgesic tablet is skillfully compounded in a modern laboratory; made from ingredients fully up to the standards of the United States Pharmacopoea.

Sold by your nearest Drug Store
for only a few cents

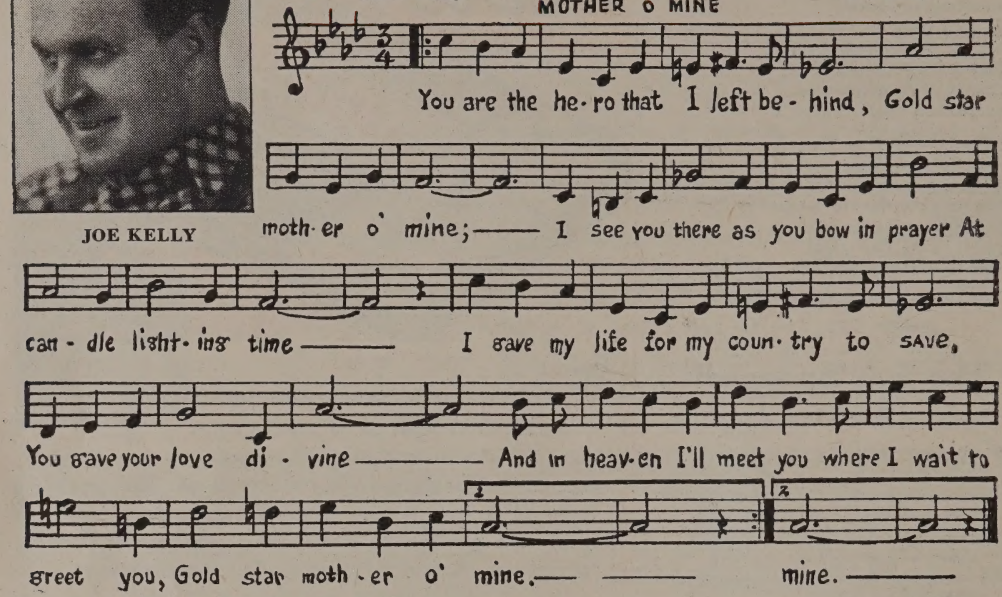
ECONOMY Pkg. (75 Tablets) 60c
Vest Pocket Pkg. (12 Tablets) 15c

JOE KELLY

20 GOLD STAR MOTHER O' MINE

Words by Pat O'Reilly

Music by Joe Kelly


You are the he-ro that I left be-hind, Gold star
moth-er o' mine;—— I see you there as you bow in prayer At
can-dle light-ing time—— I gave my life for my coun-try to save,
You gave your love di-vine—— And in heav-en I'll meet you where I wait to
greet you, Gold star moth-er o' mine.—— —— mine.——

21 I'm A Stage Coach Driver From Silver City

(To Be Sung to the Tune of—I'm A Ding Dong Daddy From Dumas)

VERSE:

I reckon you folks don't know who I am
Cause I jist rid inta town
I've roamed the trails twixt here'n Cheyenne
An I'm knowed fer miles aroun
Every cowpoke's askeered o' me
They allus runs fer the shelf
Don't know as how I kin blame 'em tho
I'm so mean I'm askeered o' maself.

CHORUS:

I'm a stage coach driver frum Silver City
Ya orter see me do ma stuff
I'm a whip crackin ombre frum Peanut Prairie
Jist a war whoopin waddy in the rough
I went to see ma gal last night
First time I seen her in the light
She's pidgened toed bullegged crosseyed too
She cud look'it Noo Yawk'n see Kalamazoo
I'm a stage coach driver frum Silver City
An ya orta see me do ma stuff.

CHORUS:

I'm a stage coach driver frum Silver City
Ya orter see me do ma stuff
I'm a gun totin mavrick an I aims ta please
Allus gits ma man shore nuff
A doctor went ta drink frum a well
He leaned to fer an in he fell
Bin better fer the doctor ef he stayed at home
Tended ta the sick'n left the well alone
I'm a stage coach driver frum Silver City
I'm tuff I'm ruff shore nuff.

22
Dixie's Land

I wish I was in de land ob cotton,
Old times dar am not forgotten,
Look away! Look away! Look away!
Dixie land.
In Dixie land whar I was born in,
Early on one frosty mornin',
Look away! Look away! Look away!
Dixie land.

Den I wish I was in Dixie,
Hooray! Hooray!
In Dixie Land I'll took my stand,
To lib and die in Dixie,
Away, Away, Away down south
in Dixie,
Away, Away, Away down south
in Dixie.

23
Oh! Susanna

I came from Alabama
wid my banjo on my knee,
I'm gwine to Louisiana
My true love for to see,
It rained all night
the day I left,
The weather it was dry,
The sun so hot
I froze to death;
Susanna don't you cry.

CHORUS

Oh! Susanna, Oh! don't you cry
for me,
I've come from Alabama,
with my banjo on my knee.

I had a dream de odder night
When ebery ting was still;
I thought I saw Susanna,
A coming down de hill.
The buckwheat-cake
war in her mouth,
The tear was in her eye,
Says I'm coming from de South,
Susanna, don't you cry.
Oh! Susanna, etc.

DR. MILES
NERVINE

Are You Nervous?

Is anything more annoying than "NERVES"—overwrought, tense, jumpy Nerves—that keep you "on edge" and won't let you sit still, sleep, work, or enjoy yourself? "NERVES" make you irritable and blue, make you dislike yourself, drive away your friends, interfere with your business.

When you are Wakeful, Restless, Irritable, Keyed Up—when you have Nervous Indigestion or Nervous Headache, when little things "get on your nerves" try Dr. Miles Nervine.

Dr. Miles Nervine is made from the formula of Dr. Franklin Miles, a pioneer nerve specialist, in a well equipped laboratory, under the supervision of competent chemists.

DR. MILES LIQUID NERVINE

The original formula of Dr. Franklin Miles, with a record of more than fifty-five years of successful use.

DR. MILES EFFERVESCENT NERVINE TABLETS

Have the same soothing effect as Dr. Miles Liquid Nervine, when dropped in water make a clear, sparkling solution that contains alkalizers. Convenient to carry, pleasant to take, effective in action.

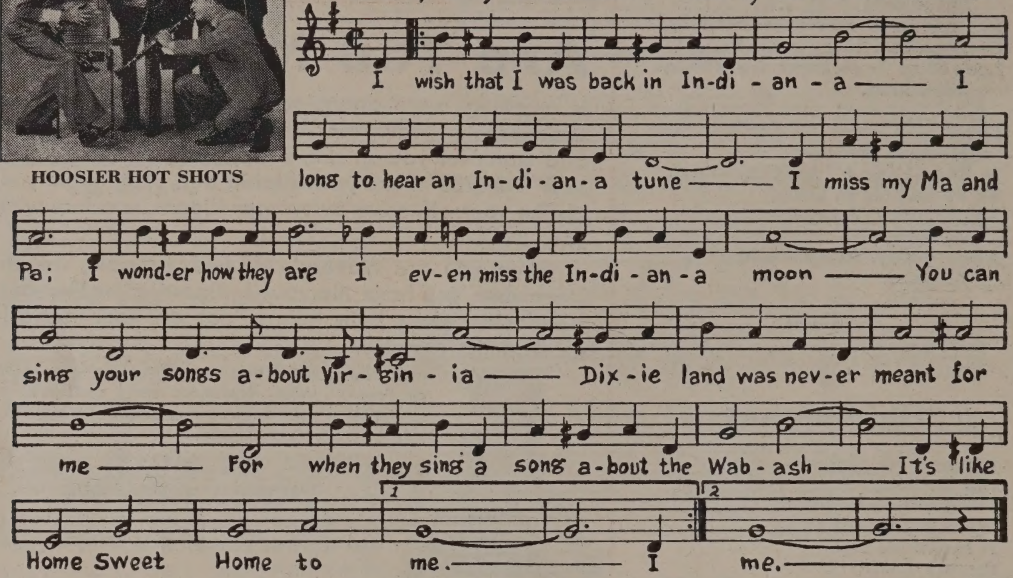
Satisfaction or your money back, of course

Liquid or Tablets
Large, $1.00 Small, 25c

HOOSIER HOT SHOTS

24 I WISH I WAS IN INDIANA

Words by Orley S. Johnston Music by The Hoosier Hot Shots


I wish that I was back in In-di - an - a — I
long to hear an In-di-an-a tune — I miss my Ma and
Pa; I wond-er how they are I ev-en miss the In-di - an - a moon — You can
sing your songs a-bout Vir-gin - ia — Dix-ie land was nev-er meant for
me — For when they sing a song a-bout the Wab-ash — It's like
Home Sweet Home to me. — I me.

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25 Meet Me By the Ice House Lizzie

Meet me by the ice house Lizzie,
When the moon peeps o'er the hill;
Just across the cow pond Lizzie
From the old saw mill:
I'll be waiting for you Lizzie,
Where the pretty pole cats play,
Strumming on my little ukulele,
Singing oolee oolee oolee oolee-a.

Meet me by the ice house Lizzie,
When you put the pigs to bed;
Down beside the ice house Lizzie,
When the mules are fed,
I'll be waiting for you Lizzie,
Sitting on a cake of ice,
Strumming on my little ukulele,
Now I ask you pretty Lizzie, Ain't that nice!

Meet me by the ice house Lizzie,
Don't forget your flannelettes,
Down around the ice house Lizzie,
The hornet gets
Buzzing 'round forbidden places,
Places where the hornets shouldn't be:
Strumming on my little ukulele,
He can pick a bone with you and lay off me.

Meet me by the ice house Lizzie,
Bring along a custard pie;
We'll be making whoopee Lizzie,
While the clouds roll by:
I'll be waiting for you Lizzie,
You're my pretty movie type,
Strumming on my little ukulele,
While you're puffing on my daddy's corn cob pipe.

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Favorite Songs of *Lucille Long*

26
Seeing Nellie Home

In the sky the bright stars glittered,
On the grass the moonlight fell,
Hushed the sound of daylight bustle,
Closed the Pinkeyed Pimpernell;
As a down the moss grown wood path,
Where the cattle love to roam,
From aunt Dinah's quilting party,
I was seeing Nelly home.

In the sky the bright stars glittered,
On the grass the moonlight shone;
From aunt Dinah's quilting party,
I was seeing Nelly home

27
Juanita

Soft o'er the fountain,
Ling'ring falls the Southern moon:
Far o'er the mountain,
Breaks the day too soon!
In thy dark eyes' splendor
Where the warm light loves to dwell,
Weary looks yet tender
Speak their fond farewell!

Nita! Juanita!
Ask thy soul if we should part?
Nita! Juanita!
Lean thou on my heart.

Write To
MILES LABORATORIES, INC.
Elkhart, Indiana
if you want extra *free* copies of this song book for social gatherings, church affairs, banquets, etc.

RELIEF *from* Headaches Simple Neuralgia or Muscular Pains

IN JUST A FEW MINUTES

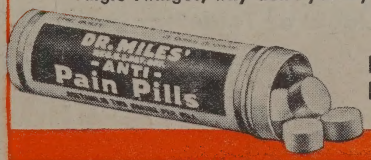
DR. MILES Anti-Pain Pills usually relieve Headache, Simple Neuralgia, and Muscular Aches and Pains in all parts of the body so quickly, so pleasantly, at so little cost, that the wonder is that everyone does not give them a trial. When people take their first Anti-Pain pill, one thing always impresses them —

THE PROMPT RELIEF

You can get a small package of twenty-five Dr. Miles Anti-Pain Pills for 25c. The usual dose is one. Would you give a cent to get rid of a headache?

The economy package of Anti-Pain Pills contains 125 pills and sells for $1.00. That is relief at an even lower rate.

Next time you have a Headache, Pains in the Muscles, or Neuralgic Twinges, why don't you try these pleasant little tablets?



At all Drug Stores
Regular Pkg. - 25c
Economy Pkg. $1.00

RESTFUL REFRESHING *Sleep*

. . . WHEN NERVES ARE CALM AND REPOSED

Sleepless nights are unpleasant enough—tossing and tumbling, worrying, getting more and more keyed up. But the worst thing about a wakeful night is the after-effects next day—brain fogged, headachy, tired—you simply can't keep up with the procession. If you never have a wakeful night, skip the rest of this page; if you do—read it. More sleepless nights are due to "Nerves" than to any other one cause. You can't avoid things that "get on your nerves," but you can take a reliable nerve sedative such as—

DR. MILES NERVINE

LIQUID OR EFFERVESCENT TABLETS

Dr. Miles Nervine is a mild nerve sedative. It does not depress the heart, is not habit forming, acts to permit rather than induce sleep. Try two effervescent tablets in a glass of water, or two teaspoonfuls of liquid nervine in water next time "nerves" keep you awake.

You will like the soothing effect of Dr. Miles Nervine when you are Restless and Irritable, when you have Nervous Headache, or Nervous Indigestion. Try it, won't you? You may take a whole bottle or package, and get your money back if you are not entirely satisfied with the results.

Liquid or Tablets — Large $1.00, Small 25c

DR. MILES NERVINE